In December and January, days are short and nights are long (in the Northern Hemisphere). It’s a perfect time to explore the darkness and enjoy the winter lights!

**Keep a Record!**

Date _____  Time _____  
Location _____________  Weather _____________  

**Helpful Things to Take Along**

- [ ] A grownup  
- [ ] Warm clothes  
- [ ] Flashlight

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**Look up.** Can you see stars? Write some words to describe how the sky looks. Find a “real” constellation or invent one yourself and draw it in the box.

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**Look down.** Is there snow, ice, or water sparkling in the moonlight? Write some words to describe how the ground looks. In the box, draw a shadow you see.

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**Look around.** At this dark time of year, people often turn on lights to brighten up the night. Write some words to describe the lights you see, and draw what they look like.